

Necessities when booking in to Kamdebo Care Lodge

It is better to bring their own bed as it makes them feel at home. A small Cupboard for clothes.
Please bring a copy of Id and Medical Aid Card

Medication:

Bring copy of current prescription.

Bring medication and a 2 litre Icecream Container to store Medication in.

Bedding:

2 x night Frill

2 x Fitted Sheets

2 x Waterproof Sheets

At least 2x $\frac{3}{4}$ duvet covers so that we can put one on while the other gets washed.

Pillows as needed with covers, Draw sheet and McIntosh.

All this is so that we can make their rooms look neat at all times.

Toiletries

2 x Towels(Bath Sheets)

2 x Face clothes

Toothbrush and toothpaste

2x Soap

Shampoo

Shaving foam (men)

Razors

Aqua cream always comes in handy/ Vaseline

Facial cream as per personal

Drinking mug for nights

Surgical Gloves (2 box per month for nappy users: 1 box for non-nappy users PER MONTH)

Dettol (1 Large bottle per month)

Cooling Gel for aches & pains

Gauge Swabs for cleaning eyes/wounds

Clothes

As per resident. Please don't bring all their clothes, rather change it on a monthly basis.

Welcome to bring personal belongings ie: Pictures, side tables, letters and photos.

Please don't send items with great value (jewellery) or sentimental values, as we must remember that our residents suffer from Alzheimer's and are inclined to take each other's belongings. We cannot be held responsible for loses.

Please make sure that all items are clearly marked with a permanent marker, including the toothbrush and paste, razor, shampoo etc.

Please contact Urshla (084 510 6718) or Susan (074 348 1990) for any further enquiries.

Fond greetings

Urshla